





MAY

WAGON MOUND PUBLIC SCHOOLS 2021

LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
3 BURRITOS CHILI CON CARNE LETTUCE/TOMATO SPANISH RICE MILK VARIETY 2021	4 CHICKEN NUGGETS FRENCH FRIES CELERY STICKS KETCHUP/MUSTARD MILK VARIETY 2021	5 PEPPERONI PIZZA CHEF'S SALAD ICE CREAM MILK VARIETY 2021	6 CORN DOGS TATOR TOTS CARROT STICKS KETCHUP/MUSTARD MILK VARIETY 2021	7	Cal 642 T.Fat 26.17 G S.Fat 7.4 G Chol 45.0 Mg Sodm 1919.55 Mg Carb 77.12 G
10 SPAGHETTI/MT.SAUCE BREAD,STICKS,PLAIN CORN MILK VARIETY 2021	11 CHICKEN QUESADILLA POTATO WEDGES FRESH MELONS MILK VARIETY 2021	12 HAMBURGER/H.MADE BUN CHIPS GREEN CHILE LETTUCE & TOMATO WATERMELON MILK VARIETY 2021	13 SUB SANDWICHES CHEESE, SLICED LETTUCE & TOMATO POTATO WEDGES FRESH FRUIT MILK VARIETY 2021	14	Cal 812 T.Fat 18.60 G S.Fat 8.3 G Chol 103.7 Mg Sodm 1949.41 Mg Carb 109.71 G
17 COOKS CHOICE	18 COOKS CHOICE	19 COOKS CHOICE	20 COOKS CHOICE	21 	
24 COOKS CHOICE	25 COOKS CHOICE	26 COOKS CHOICE 	27 COOKS CHOICE	28 I hope your dreams take you... to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known."	

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.